

Indiana Fall Prevention Coalition (INFPC)

The Indiana Fall Prevention Coalition is committed to improving the well-being of older adults and at risk individuals in Indiana by raising awareness of fall prevention, reducing fall related injuries and effecting policy change through leadership, advocacy and education. The Indiana Fall Prevention Coalition was formed in March, 2012.

Adults age 65 and older are the fastest growing segment of the population and one out of three older adults falls each year with 288 (or 80 percent) fall-related deaths occurring in Indiana age 65 and older in 2009. Falls are Indiana's leading cause of emergency department visits, hospital admissions, and may increase the risk of early death for individuals age 65 and older. Evidence-based programs show promise in reducing falls and facilitating cost-effective interventions. The INFPC is committed to strengthening and sustaining effective fall prevention and control measures that reflect the significance of the problem.

INFPC agrees that:

- Falls are not a natural part of aging
- Falls are preventable
- Collaboration is effective in addressing falls
- Statewide coordination of fall prevention is needed in Indiana
- Initiatives should be data-driven to identify the populations at highest risk

The INFPC is a group of professionals representing a broad range of statewide agencies and organizations concerned with building Indiana's capacity to address the prevention of falls for the at risk senior population. Specifically, this group will help to raise awareness statewide in Indiana about fall prevention, and will be a link to fall prevention events, activities, education, and programs statewide.

INFPC engages in activities to:

- Promote evidence-based fall prevention programs throughout Indiana
- Increase statewide collaboration around fall prevention in Indiana
- Promote fall prevention as a public health priority in Indiana
- Build infrastructure and sustainability for fall prevention in Indiana
- Assess needs and increase availability and quality of fall specific data in Indiana

More information available about the coalition at www.infallprevention.org

